



**Mr Patrick J McKenna**  
**MBBS FRCS**

Nationality: British  
Professional Title: **Consultant Spinal Surgeon,  
(Trauma & Orthopaedics)**  
Circle Hospital, Reading  
The London Spine Clinic, Harley  
Street, London  
GMC Number: 4035763

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**SUMMARY OF UK QUALIFICATIONS**

**MBBS**, 1993  
**Primary FRCS**, 1995  
**FRCS (England)**, 1997  
**FRCS (Trauma & Orthopaedics)**, 2003 CCST

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**PROFESSIONAL MEMBERSHIPS**

British Orthopaedic Association  
British Association of Spinal Surgeons  
Society of Lateral Access Surgeons  
North American Spine Society

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**SPECIALITIES, CLINICAL INTERESTS AND SUB-SPECIALITIES**

Neurosurgery and spinal surgery	
Anterior lumbar fusion	Lateral lumbar fusion (XLIF)
Total disc replacement	Minimally invasive surgery
Adult degenerative lumbar	Adult degenerative cervical

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**CONTACT DETAILS**

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## **PROFESSIONAL EXPERIENCE**

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- Consultant in Spinal Surgery** (2015-Present)  
Circle Hospital, Reading
- Orthopaedic Consultant, Spinal Surgery** (2005-2011)  
Royal Berkshire Hospital, Reading
- Honorary Consultant Spinal Surgeon** (2005-2007)  
Southampton University Hospital, Southampton
- Spinal Surgery** (2005)  
Salisbury District General Hospital
- Spinal Fellow** (2004-2005)  
Queen's Medical Centre, Nottingham
- Wessex Trauma and Orthopaedic Rotation** (Aug 1999-July 2005)  
Southampton General Spinal (Sep 2003-Mar 2004)  
Bournemouth and Poole NHS Trust, Poole Hospital (Sep 2002-Sep 2003)  
Queen Alexandra's Hospital, Portsmouth (Sep 2001-Sep 2002)  
Royal Hampshire County Hospital, Winchester (Sep 2000-Sep 2001)  
Dorset County Hospital, Dorchester (Sep 1999-Sep 2000)  
Winchester (Aug 1999-Sep 1999)
- SHO in Plastic Surgery** (Aug 1998-Feb 1999)  
St George's Hospital, London
- SHO in Plastic Surgery** (Feb 1998-Aug 1998)  
University Hospital Birmingham  
Experience in microsurgery, flap reconstruction, burns and hand trauma
- Senior SHO in Orthopaedics and Trauma** (Aug 1997-Feb 1998)  
Mayday University Hospital, Surrey
- SHO in General Surgery** (Aug 1996-Feb 1997)  
Chelsea and Westminster Hospital, London  
Professional surgical unit post
- SHO in Surgical Oncology** (Feb 1996-Aug 1996)  
Royal Marsden Hospital, London  
Professional surgical unit post including musculoskeletal tumour management
- SHO in Orthopaedics and Trauma** (Aug 1995-Feb 1996)  
University Hospital Lewisham, London, Year 3 SHO post
- SHO in Accident and Emergency** (Feb 1995-Aug 1995)  
University Hospital Lewisham, London
- House Officer in General Surgery** (Feb 1994-Aug 1994)  
Queen Alexandra's Hospitals, Portsmouth
- House Officer in General Medicine** (Aug 1993-Feb 1994)  
Royal Naval Hospital Haslar, Hampshire

## PODIUM PRESENTATIONS

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The Effect of Moderate Variations in Angulation and Translation of the X-ray Beam in Measurement of Sagittal Alignment with Reference to an External Plumbline in a Three-dimensional Model of the Lumbar Spine. South-East Spine Club Meeting, Nov 2002.

Intradiscal Electrothermal Therapy (IDET) for chronic low back pain. Karadimas E, **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Hellenic Association of Orthopaedic Surgery & Traumatology (HAOST), Athens. Oct 2004.

Two-year clinical outcome of circumferential lumbar spinal fusion: A prospective randomized controlled trial of SynCage versus femoral ring allograft. **McKenna PJ**, Freeman BJ, Mulholland RC, Grevitt MP, Mehdian SH, Webb JK. East Midlands Orthopaedic Research Meeting, Nottingham. Nov 2004.

A Prospective Randomised Trial: Femoral Ring Allograft Versus A Titanium Cage In Circumferential

Lumbar Spinal Fusion. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. The Centre for Spinal Studies and Surgery, Queens Medical Centre, Nottingham, UK. British Association of Spinal Surgeons, Aberdeen. Feb 2005.

A Prospective Randomised Trial: Femoral Ring Allograft Versus A Titanium Cage In Circumferential Lumbar Spinal Fusion. BJC Freeman, **PJ McKenna**, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. International Society for Study of the Lumbar Spine (ISSLS), New York. May 2005.

What operative skills in shoulder surgery should be taught to orthopaedic trainees? A survey of consultant shoulder surgeons in the UK. AJ Murphy, **PJ McKenna**. Gauvain Meeting, Basingstoke. June 2005.

MRI Measurements In Cauda Equina Syndrome: Reproducibility And Prediction Of Clinical Outcome. MJH McCarthy, AT Brodie, D Annesley-Williams, CEW Aylott, A Jones, **PJ McKenna**, MP Grevitt. European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Lisbon. June 2005.

Cauda Equina Syndrome: Factors Affecting Long Term Outcome. MJH McCarthy, CEW Aylott, MP Grevitt, AT Brodie, **PJ McKenna**, MC Bishop. European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Lisbon. June 2005.

The Clinical Outcome of Intradiscal Electrothermal Therapy for Low Back Pain: A Prospective Study of 77 Patients with an average follow-up of 21 months. **PJ McKenna**, BJ Freeman, JF Hegarty, MP Grevitt. EFORT, Lisbon. June 2005.

Two-year clinical outcome of circumferential lumbar spinal fusion: A Prospective Randomized Controlled Trial of SynCage versus Femoral Ring Allograft. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. Eurospine, Barcelona. September 2005.

The clinical and radiological outcome of a prospective randomised controlled trial of circumferential lumbar spinal fusion: femoral ring allograft versus titanium Cage. BJC Freeman, N Hussain, **P McKenna**, YH Yau, Y Leung, J Hegarty, RW Kerslake. Britspine 2006.

The use of Cervical Nerve Root Blocks in the management of Cervical Radiculopathy. - a minimally invasive succes? HS Dabasia, T Rajagopal, **PJ McKenna**, RW Marshall. Summary Slide Presentation at the 2011 BASS Meeting Edinburgh. 2011

## PUBLICATIONS

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A Constant Posterior Motor Branch of the Radial Nerve. British Orthopaedic Association Annual Conference, Autumn 1997.

A comparison of cost and outcome at one year between IDET and fusion of a single level in the lumbar spine. **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Society for Back Pain Research, Leicester. Nov 2004.

Results of the Extreme Lateral Interbody Fusion (XLIF ®) for Lumbar Degenerative Disc Disease. Amarjit Anand, Kam Dhaliwal, Yousaf Shah, Trichy Rajagopal, **Patrick McKenna** BASS 2017

Post Percutaneous Biopsy Blood Cultures Improve Diagnostic Yield in Spondylodiscitis Authors: Pegrum J, Altaf F, Iyer S, Rajagopal T, **McKenna P**, Andrade AJ NASS 2014

## POSTER PRESENTATIONS

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Imaging of the spine. **P.J. McKenna**. In: The Spinal Theatre Operating Personnel Manual. Ed: S. Corbett. AO Publishing. October 2005.

Two-year clinical outcome of circumferential lumbar spinal fusion: A Prospective Randomized Controlled Trial of SynCage versus Femoral Ring Allograft. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. European Spine Journal. August 2005.

A comparison of cost and outcome at one year between IDET and fusion of a single level in the lumbar spine. **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Journal of Bone and Joint Surgery - British Volume, Orthopaedic Proceedings. Vol 87-B, Issue SUPP II, 212

A Wii-related clay-shoveler's fracture. CN Brown, **P McKenna**. ScientificWorldJournal. 2009 Nov 1;9:1190-1.

A case of necrotising fasciitis caused by Pseudomonas aeruginosa. AS Lota, F Altaf, R Shetty, S Courtney, **P McKenna**, S Iyer. J Bone Joint Surg Br. 2010 Feb;92(2):284-5.

Prospective audit on the use of the LMA-Supreme for airway management of adult patients undergoing elective orthopaedic surgery in prone position. V Sharma, C Veghese, **PJ McKenna** Br J Anaesth. 2010 Aug;105(2):228-32. Epub 2010 Jun 10.

## PRIZES

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Spine Society of Europe Clinical Award 2005. International prize for clinical research.