



Mr Patrick McKenna

Consultant Spinal Surgeon

Mr Patrick McKenna is a Consultant Spinal Surgeon at the London Spine Clinic in Harley Street, London and the Ramsey Berkshire in Reading. His clinical practice includes all aspects of spinal surgery including cervical and lumbar degenerative conditions, tumour, trauma and scoliosis.

His particular areas of expertise include:

- Neurosurgery and spinal surgery
- Anterior lumbar fusion
- Lateral lumbar fusion
- Total disc replacement
- Minimally invasive surgery
- Adult degenerative lumbar
- Adult degenerative cervical



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- Special interest in anterior and lateral surgery of the lumbar spine using minimally invasive surgical techniques to promote early recovery
- Motion preserving surgery of the cervical and lumbar spine

- Average annual instructions: >30
 - Claimant: 70%
 - Defendant: 30%
- Courtroom training completed

- Regular clinical appointments available
- Clear, reliable and robust reports

Consultations available in:

- Reading
- London
- Virtual



Mr Patrick J McKenna
MBBS FRCS

Nationality: British
Professional Title: **Consultant Spinal Surgeon,
(Trauma & Orthopaedics)**
Circle Hospital, Reading
The London Spine Clinic, Harley
Street, London
GMC Number: 4035763

SUMMARY OF UK QUALIFICATIONS

MBBS, 1993
Primary FRCS, 1995
FRCS (England), 1997
FRCS (Trauma & Orthopaedics), 2003 CCST

PROFESSIONAL MEMBERSHIPS

British Orthopaedic Association
British Association of Spinal Surgeons
Society of Lateral Access Surgeons
North American Spine Society

SPECIALITIES, CLINICAL INTERESTS AND SUB-SPECIALITIES

Neurosurgery and spinal surgery	
Anterior lumbar fusion	Lateral lumbar fusion (XLIF)
Total disc replacement	Minimally invasive surgery
Adult degenerative lumbar	Adult degenerative cervical

CONTACT DETAILS

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MEDICOLEGAL INSTRUCTION DETAILS

Average Annual Instructions: > 30
Proportion of Medicolegal Claimant to Defendant Instructions:
Claimant 70% Defendant 30%

PROFESSIONAL EXPERIENCE

- Consultant in Spinal Surgery** (2015-Present)
Circle Hospital, Reading
- Orthopaedic Consultant, Spinal Surgery** (2005-2011)
Royal Berkshire Hospital, Reading
- Honorary Consultant Spinal Surgeon** (2005-2007)
Southampton University Hospital, Southampton
- Spinal Surgery** (2005)
Salisbury District General Hospital
- Spinal Fellow** (2004-2005)
Queen's Medical Centre, Nottingham
- Wessex Trauma and Orthopaedic Rotation** (Aug 1999-July 2005)
Southampton General Spinal (Sep 2003-Mar 2004)
Bournemouth and Poole NHS Trust, Poole Hospital (Sep 2002-Sep 2003)
Queen Alexandra's Hospital, Portsmouth (Sep 2001-Sep 2002)
Royal Hampshire County Hospital, Winchester (Sep 2000-Sep 2001)
Dorset County Hospital, Dorchester (Sep 1999-Sep 2000)
Winchester (Aug 1999-Sep 1999)
- SHO in Plastic Surgery** (Aug 1998-Feb 1999)
St George's Hospital, London
- SHO in Plastic Surgery** (Feb 1998-Aug 1998)
University Hospital Birmingham
Experience in microsurgery, flap reconstruction, burns and hand trauma
- Senior SHO in Orthopaedics and Trauma** (Aug 1997-Feb 1998)
Mayday University Hospital, Surrey
- SHO in General Surgery** (Aug 1996-Feb 1997)
Chelsea and Westminster Hospital, London
Professional surgical unit post
- SHO in Surgical Oncology** (Feb 1996-Aug 1996)
Royal Marsden Hospital, London
Professional surgical unit post including musculoskeletal tumour management
- SHO in Orthopaedics and Trauma** (Aug 1995-Feb 1996)
University Hospital Lewisham, London, Year 3 SHO post
- SHO in Accident and Emergency** (Feb 1995-Aug 1995)
University Hospital Lewisham, London
- House Officer in General Surgery** (Feb 1994-Aug 1994)
Queen Alexandra's Hospitals, Portsmouth
- House Officer in General Medicine** (Aug 1993-Feb 1994)
Royal Naval Hospital Haslar, Hampshire

PODIUM PRESENTATIONS

The Effect of Moderate Variations in Angulation and Translation of the X-ray Beam in Measurement of Sagittal Alignment with Reference to an External Plumline in a Three-dimensional Model of the Lumbar Spine. South-East Spine Club Meeting, Nov 2002.

Intradiscal Electrothermal Therapy (IDET) for chronic low back pain. Karadimas E, **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Hellenic Association of Orthopaedic Surgery & Traumatology (HAOST), Athens. Oct 2004.

Two-year clinical outcome of circumferential lumbar spinal fusion: A prospective randomized controlled trial of SynCage versus femoral ring allograft. **McKenna PJ**, Freeman BJ, Mulholland RC, Grevitt MP, Mehdian SH, Webb JK. East Midlands Orthopaedic Research Meeting, Nottingham. Nov 2004.

A Prospective Randomised Trial: Femoral Ring Allograft Versus A Titanium Cage In Circumferential

Lumbar Spinal Fusion. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. The Centre for Spinal Studies and Surgery, Queens Medical Centre, Nottingham, UK. British Association of Spinal Surgeons, Aberdeen. Feb 2005.

A Prospective Randomised Trial: Femoral Ring Allograft Versus A Titanium Cage In Circumferential Lumbar Spinal Fusion. BJC Freeman, **PJ McKenna**, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. International Society for Study of the Lumbar Spine (ISSLS), New York. May 2005.

What operative skills in shoulder surgery should be taught to orthopaedic trainees? A survey of consultant shoulder surgeons in the UK. AJ Murphy, **PJ McKenna**. Gauvain Meeting, Basingstoke. June 2005.

MRI Measurements In Cauda Equina Syndrome: Reproducibility And Prediction Of Clinical Outcome. MJH McCarthy, AT Brodie, D Annesley-Williams, CEW Aylott, A Jones, **PJ McKenna**, MP Grevitt. European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Lisbon. June 2005.

Cauda Equina Syndrome: Factors Affecting Long Term Outcome. MJH McCarthy, CEW Aylott, MP Grevitt, AT Brodie, **PJ McKenna**, MC Bishop. European Federation of National Associations of Orthopaedics and Traumatology (EFORT), Lisbon. June 2005.

The Clinical Outcome of Intradiscal Electrothermal Therapy for Low Back Pain: A Prospective Study of 77 Patients with an average follow-up of 21 months. **PJ McKenna**, BJ Freeman, JF Hegarty, MP Grevitt. EFORT, Lisbon. June 2005.

Two-year clinical outcome of circumferential lumbar spinal fusion: A Prospective Randomized Controlled Trial of SynCage versus Femoral Ring Allograft. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. Eurospine, Barcelona. September 2005.

The clinical and radiological outcome of a prospective randomised controlled trial of circumferential lumbar spinal fusion: femoral ring allograft versus titanium Cage. BJC Freeman, N Hussain, **P McKenna**, YH Yau, Y Leung, J Hegarty, RW Kerslake. Britspine 2006.

The use of Cervical Nerve Root Blocks in the management of Cervical Radiculopathy. - a minimally invasive succes? HS Dabasia, T Rajagopal, **PJ McKenna**, RW Marshall. Summary Slide Presentation at the 2011 BASS Meeting Edinburgh. 2011

PUBLICATIONS

A Constant Posterior Motor Branch of the Radial Nerve. British Orthopaedic Association Annual Conference, Autumn 1997.

A comparison of cost and outcome at one year between IDET and fusion of a single level in the lumbar spine. **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Society for Back Pain Research, Leicester. Nov 2004.

Results of the Extreme Lateral Interbody Fusion (XLIF ®) for Lumbar Degenerative Disc Disease. Amarjit Anand, Kam Dhaliwal, Yousaf Shah, Trichy Rajagopal, **Patrick McKenna** BASS 2017

Post Percutaneous Biopsy Blood Cultures Improve Diagnostic Yield in Spondylodiscitis Authors: Pegrum J, Altaf F, Iyer S, Rajagopal T, **McKenna P**, Andrade AJ NASS 2014

POSTER PRESENTATIONS

Imaging of the spine. **P.J. McKenna**. In: The Spinal Theatre Operating Personnel Manual. Ed: S. Corbett. AO Publishing. October 2005.

Two-year clinical outcome of circumferential lumbar spinal fusion: A Prospective Randomized Controlled Trial of SynCage versus Femoral Ring Allograft. **PJ McKenna**, BJC Freeman, RC Mulholland, MP Grevitt, JK Webb, SH Mehdian. European Spine Journal. August 2005.

A comparison of cost and outcome at one year between IDET and fusion of a single level in the lumbar spine. **McKenna PJ**, Hegarty J, Freeman BJ, Grevitt MP. Journal of Bone and Joint Surgery - British Volume, Orthopaedic Proceedings. Vol 87-B, Issue SUPP II, 212

A Wii-related clay-shoveler's fracture. CN Brown, **P McKenna**. ScientificWorldJournal. 2009 Nov 1;9:1190-1.

A case of necrotising fasciitis caused by Pseudomonas aeruginosa. AS Lota, F Altaf, R Shetty, S Courtney, **P McKenna**, S Iyer. J Bone Joint Surg Br. 2010 Feb;92(2):284-5.

Prospective audit on the use of the LMA-Supreme for airway management of adult patients undergoing elective orthopaedic surgery in prone position. V Sharma, C Veghese, **PJ McKenna** Br J Anaesth. 2010 Aug;105(2):228-32. Epub 2010 Jun 10.

PRIZES

Spine Society of Europe Clinical Award 2005. International prize for clinical research.