



## Mr Paul Flora Consultant Vascular Surgeon

**Mr Harpaul (Paul) Flora** is a Consultant Vascular Surgeon at St Barts and Royal London NHS Trust, a leading London teaching hospital. He has 15 years' experience in endovascular and advanced laparoscopic, or keyhole, surgery for a variety of vascular problems. His particular areas of expertise include:

- endovascular aortic aneurysm surgery
- varicose veins (EVLT, Venefit, and glue)
- deep venous disease
- carotid disease
- stroke
- diabetic foot disease
- peripheral arterial disease
- Pressure sores and wounds
- Thoracic outlet syndrome
- vascular tumours.



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Mr Flora performed the first Barostim implant surgery in the UK on two patients at the Royal London Hospital. This is a new treatment for patients with resistant hypertension.



## **Mr Harpaul Flora**

### **MBBS, BSc, MSc, FRCS (Gen Surg)**

Nationality: British  
Date of Birth: 2<sup>nd</sup> April 1971  
Professional Title: **Consultant Vascular and General Surgeon**  
St Bartholomew's and The Royal London  
Hospital, London  
**Honorary Consultant**  
Queens Square Hospital, London  
GMC Number: 4214300

### **SUMMARY OF QUALIFICATIONS**

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**BSc (Hons)**, London Hospital Medical College, 1989-1995  
**MBBS**, London Hospital Medical College, 1995  
**MRCS**, The Royal College of Surgeons of England  
**MSc**, Surgical Science (Distinction), 2000  
**FRCS Part III**, Intercollegiate Board examination, 2007

### **ACADEMIC PRIZES, AWARDS AND GRANTS**

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**Silver medal:** Research Fellows Forum, XIV International Congress on Endovascular Interventions, Phoenix, USA (2/2002)  
**Bronze medal:** Research Fellows Forum, XIV International Congress on Endovascular Interventions, Phoenix, USA (2/2002)  
**Circulation Foundation Travelling Grant** (7/2007)  
**Ethicon Foundation Travelling Grant** (10/2007)

### **PROFESSIONAL MEMBERSHIPS**

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The Royal College of Surgeons of England  
Vascular Society

### **CONTACT DETAILS**

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T: 0207 118 0650 E: info@medicolegal-partners.com

### **MEDICOLEGAL INSTRUCTION DETAILS**

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Bond Solon Training  
Proportion of Medicolegal Claimant to Defendant Instructions:  
Claimant 70% Defendant 30%

## PROFESSIONAL EXPERIENCE

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**Consultant Vascular and General Surgery** *(July 2016 - present)*

St Bartholomew's and The Royal London Hospital, London

**Clinical Network Director for Vascular Surgery** *(July 2016 - present)*

Responsible for the strategic and operational oversight of the vascular practice across the acute hospitals within Barts Health NHS Trust (The Royal London Hospital, St Bartholomew's Hospital, Whipps Cross Hospital, Newham University Hospital)

**Clinical Lead Vascular Surgery, Barts Health NHS Trust** *(April 2013 - present)*

**Clinical Director, North East London AAA Screening Programme** *(September 2012 - 2018)*

**General Surgery NTN in the NE Thames Region** *(April 2001)*

### **Open vascular/endovascular surgery and hybrid techniques in treat vascular diseases.**

- Aortic aneurysms (thoracic, infrarenal)
- Peripheral aneurysms (femoral, popliteal, visceral)
- Peripheral arterial disease
- Varicose veins
- Carotid disease
- Thoracic outlet syndrome
- Popliteal entrapment syndrome
- AV malformations
- Sympathectomy: cardiac and for hyperhidrosis

Lead vascular surgeon on multi-disciplinary cases where specialist vascular input is required:

- Removal of complex neck tumours with ENT or Maxillo-facial surgeons, where carotid reconstruction is necessary
- Supporting Urology and Endocrine surgeons where adrenal/renal tumours invade the IVC and reconstruction may be necessary
- Providing spine surgeons access support by mobilising the aorta or IVC for anterior approaches to the vertebral column. 15 years' experience of undertaking anterior approach spine surgery having done in excess of 600 cases

### **General/ Laparoscopic surgery**

- Hernia repair
- Appendicectomy
- Cholecystectomy
- Trauma

## INNOVATIONS

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### Barostim Therapy

Performed the first Barostim implant surgery in the UK on two patients at the Royal London Hospital. This is a new treatment for patients with resistant hypertension for whom no current treatment works. Currently our collaboration has won a Barts Charities grant to treat a further 30 patients.

### Cardiac Thoracoscopic Sympathectomy

**Google Glass** to perform vascular surgery. My team was the first to perform an Open AAA and Carotid Endarterectomy procedures using this technology to further the teaching and training experience

**CALM study:** Use of carotid stent to treat resistant hypertension

## PUBLICATIONS

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### Original papers

1. **Flora H.S**, Bhattacharya S. *Spontaneous Cholecysto-cutaneous Fistula*. J HPB Surg 2001;3: 279-280
2. **Flora H.S**, Woodhouse N, Robson S, Adiseshiah M. *Micro-movements at the aortic aneurysm neck measured during open surgery with close-range photogrammetry: Implications for aortic stent-grafts*. J endovasc surg 2001;8: 511-520
3. Chaloner E.J, **Flora H.S**, Ham R.J. *Amputations at the London Hospital 1852-1857*. J R Soc Med 2001;94: 409-412
4. **Flora H.S**, Chaloner E.J, Day C, Barker S.J.E. *The ankle AV fistula: an approach to gaining vascular access for renal haemodialysis*. Eur J endovasc surg 2001;22: 376-378
5. Sweeney AB, **Flora H.S**, Buckland J, Murphy S, Morrice C, Barker S.G.E. *Integrated Care Pathways for Vascular Surgery: an analysis of the first 18 months*. Postgrad J med 2002;78: 175-177
6. **H.S Flora**, B Talei-faz, L Ansdell, E.J Chaloner, A Sweeney, A Grass and M Adiseshiah. *Aneurysm wall stress and tendency to rupture are features of physical wall properties: An experimental study*. J endovasc surg 2002;9:665-675
7. **Flora H.S**, Chaloner E.J, AB Sweeney Raphael M, Brooks J, Adiseshiah M. *Secondary intervention for immediate and late technical failure following endoluminal repair (ER) of abdominal aortic aneurysms (AAA)*. Eur J endovasc surg 2003;26: 287-292
8. Amelesh T, **Flora H**. *Duke's staging is poorly understood by doctors managing colorectal cancer*. Annals of the Royal College of Surgeons of England. Letter. November 2004.85(6)444.
9. Alvarez RM, Biliatis I, **Flora HS**, Jeyarajah AR. *An ultra-radical surgical approach for recurrent vulval cancer involving en-bloc excision of the infra-renal aorta*. International Journal of Gynaecology and Obstetrics. 2016: 132 (3): 249-378.

### Chapters

1. **Flora HS**, Sarkar S. Vascular Surgery. Hamilton Bailey's Emergency Surgery, 14<sup>th</sup> Edition.

## PRESENTATIONS

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### International

1. Adiseshiah M, **Flora H.S**, Chaloner E.J, Brooks J. *Secondary intervention for immediate and late technical failure following endoluminal repair of abdominal aortic aneurysm*. Michael E DeBaKey International Surgical Society, 13<sup>th</sup> Biennial Congress, Houston, USA.  
**POSTER 11/2000**
2. **Flora H.S**, Woodhouse N, Robson S, Adiseshiah M. *The impact of micro-movements at the aortic aneurysm neck on stent-grafts: Using principles of satellite technology*. XIV International Congress on Endovascular Interventions, Phoenix, USA.  
**ORAL 2/2001**
3. **Flora H.S**, Sweeney AB, James L, Offo E, Boardley D, Adiseshiah M. *Duplex ultrasound scanning: a cost effective option for endoleak detection following endoluminal repair of an abdominal aortic aneurysm (AAA)*. XV International Congress on Endovascular Interventions, Phoenix, USA.  
**ORAL 2/2002**
4. **H.S Flora**, E J Chaloner, AB Sweeney, J Brooks, MJ Raphael, M. Adiseshiah. *Secondary Intervention following endovascular repair of abdominal aortic aneurysm (AAA): a single centre experience*. XV International Congress on Endovascular Interventions, Phoenix, USA.  
**ORAL 2/2002**
5. **H.S Flora**, B Talei-faz, L Ansdell, E.J Chaloner, A Sweeney, A Grass and M Adiseshiah. *Aneurysmal Sac wall stress and tendency to rupture is a feature of its physical wall properties: An experimental study*. XV International Congress on Endovascular Interventions, Phoenix, USA.  
**ORAL 2/2002**
6. AB Sweeney, **H.S Flora**, S Aly, D Boardley, EJ Chaloner, M Adiseshiah. *Infected Aortic Lesions: Endovascular Surgery Preferable To Massive Open Surgery?* Vth East-West European Congress of Angiology. Warsaw Poland 24-25.  
**ORAL 10/2002**

### National

1. **Flora H.S**, Woodhouse N, Adiseshiah M, Robson S. *Why do aneurysms need photogrammetry?* The Photogrammetric Society, London.  
**ORAL 2/2001**
2. **H.S Flora**, L Ansdell, A Grass, M Adiseshiah. *The development of a pulsatile flow model: Studying the mechanism of Endovascular repair (EVR) of abdominal aortic aneurysms (AAA)*. Society of Academic and Research Surgery, London.  
**POSTER 1/2002**
3. Sajid MS, Tai N, **Flora H.S**, Myint F, Wilson A, Platts A, Baker DM, Hamilton G. *Single centre experience of EVAR in patients not participating in UK EVAR trials*. Association of surgeons of Great Britain and Ireland. Edinburgh.  
**POSTER 4/2006**
4. Sajid MS, Desai M, **Flora H.S**, Morris RW, Myint F, Wilson A, Platts A, Baker DM, Hamilton G. *Knee-length graduated compression stockings for thromboprophylaxis in air travellers: a meta-analysis*. The Vascular Society of Great Britain and Ireland.  
**ORAL 11/2006**

5. *The Impact of an aneurysm screening pathway on time to treatment for AAA patients at a tertiary referral Vascular Centre.* The Vascular Society of Great Britain and Ireland.

**ORAL 11/2016**

6. *The impact of scanning all patients with varicose veins based on GP referral can on the 18 week RTT.* The Vascular Society of Great Britain and Ireland.

**ORAL 11/2016**

## **MEDIA**

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**Varicose veins management: New NICE guidance 2013** SKY radio and several other national radio stations

**Barostim Therapy:** Performed the first Barostim implant surgery in the UK on two patients at the Royal London Hospital. BBC News, ITV News 2016